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# **Resource Guide**





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# **Ability Now Bay Area**



Ability Now Bay Area is an educationally based Adult Day Program. Program participants engage in a broad range of learning opportunities that are designed to expand academic ability, enhance communication skills, develop vocational aptitude, increase involvement in the community and improve health and wellness. Our Small Business program offers training and assistance for those wanting to gain income through self-employment.

Website	https://abilitynowbayarea.org/
Contact	Bill Pelter
Phone	510 531-3323
Address	3227 Clayton Rd Oakland 94602
Email	bpelter@abilitynowba.org

## **Adaptive Learning Center**



We have a community living program where individuals live in their own apartments with support from staff and can participate in our day program, employment services and social/recreational activities. We also have a Supported Employment program for individuals who are looking for competitive integrated employment.

Website	https://www.alc-ca.org
Contact	Diane Feingold
Phone	925-827-3863
Address	3227 Clayton Road Concord 94519
Email	info@alc-ca.org

# **Alameda County Developmental Disabilities Council**



The Council is a program and policy planning unit within the Alameda County Public Health Department. The mission of the Council is to expand opportunities for individuals with intellectual and developmental disabilities.

Website	http://www.acphd.org/ddc.aspx
Contact	Sandi Soliday
Phone	510-219-8513
Address	1000 Broadway Ste 500 Oakland CA 94607
Email	sandi.soliday@acgov.org

# **Alameda County Public Health Department**

California Children's Services



California Children's Services (CCS) is a statewide program that assists children and youth who have a chronic, disabling, or life-threatening CCS eligible medical condition; needing specialty medical care and meet income requirements.

The CCS Medical Therapy Program provides occupational therapy and physical therapy services to children and youth with certain long term physical disabilities.

CCS Nurse Case Managers (NCM's) connect clients with doctors and other healthcare professionals. Each eligible child or youth is assigned a nurse case manager who can help find medical services and make sure eligible services are paid for.

Website	http://www.acphd.org/ccs
Contact	Arianna Vaewsorn
Phone	925-449-4163
Address	1000 Broadway Ste 500 Oakland CA 94607

#### **Bay Area Outreach & Recreation Program**



Bay Area Outreach & Recreation Program (BORP) is a 501(c)3 non-profit organization working to improve the health, independence and social integration of people with physical disabilities through sports, fitness and recreation programs.

BORP offers year-round sports and recreation programs serving a wide variety of ages, interests, and abilities.

BORP's Youth Sports Program offers year-round competitive and recreational sports activities for disabled children and youth ages 5-19, including wheelchair basketball, power soccer, Jr. Adventures, sled hockey, and handcycling. Under the guidance of caring volunteer alumni, coaches and staff, young athletes build confidence, self-esteem and independence while developing lifetime fitness habits. Youth teams have opportunities for travel to local and national tournaments.

Website	http://www.borp.org/
Phone	510-849-4663
Address	3075 Adeline Street, Suite 200 Berkeley, CA 94703

# **The Breathing Project**



We help individuals (kids too!) undo symptoms related to stress and dysfunctional breathing ... anxiety, migraines, sleep issues, snoring, attention issues, emotional imbalances, migraines, some heart conditions and more. We use Biofeedback tools in conjunction with ancestral health strategies to guide clients toward healthier behaviors (including breathing behavior!).

Website	www.breathing.coach
Contact	Mark Szymczak (Simzak)
Phone	510-776-4082
Address	4450 Black Ave., Suite E, Pleasanton, CA
Email	mark@breathing.coach

#### **Camp Krem**



Enriching the lives of individuals with developmental disabilities in a supportive outdoor atmosphere of acceptance, fun and adventure!

For more than half a century, we have provided children and adults with developmental disabilities a full program of recreation, education, fun and adventure. We offer Summer Camp and a Year-Round Respite Program. Our outdoor enrichment camp programs, activities and adventures are unmatched.

We proudly work with people with all developmental disabilities.

Website	https://campingunlimited.org/
Contact	Alex Krem
Phone	510-610-3555
Address	102 Brook Creek Boulder Creek 95006
Email	alex@campingunlimited.org

#### **Canine Companions for Independence**



Founded in 1975, Canine Companions for Independence® is a non-profit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships.

The assistance dogs CCI breed, raise and train aren't just the ears, hands and legs of their human partners. They're also goodwill ambassadors and often, their best friends. They open up new opportunities and new possibilities, and spread incredible joy.

There are four types of assistance dogs

- **Service dogs** assist adults with physical disabilities by performing daily tasks.
- **Hearing dogs** alert their partners, who are deaf and hard of hearing, to important sounds.
- **Facility dogs** work with clients with special needs in a visitation, education, criminal justice or health care setting.
- **Skilled companions** enhance independence for children and adults with physical, cognitive and developmental disabilities.

Website
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# **Community Resources for Independent Living**



Community Resources for Independent Living (CRIL) is a peer-based disability resource organization that advocates and provides resources for people with disabilities to improve lives and make communities fully accessible. CRIL offers independent living services at no charge to persons with disabilities living in southern and eastern Alameda County. In order to become a CRIL consumer, an individual must have a disability or functional limitation and be able to benefit from independent living services. Everyone is welcome regardless of race, ethnicity, the nature of the disability or limitation, age, socioeconomic status, sexual orientation, gender identity and expression, immigration status, health condition or any other characteristics.

CRIL is also a resource for disability awareness education and training, advocacy and technical advice

Website	http://crilhayward.org
Contact	Shay Roberson IL Coordinator Mobility Travel Trainer 510-881-5743 Ext 41 <u>shay.roberson@crilhayward.org</u> Alejandra Hacker IL Coordinator - Benefits <u>alejandra.hacker@crilhayward.org</u> 925- 371-1531
Address	3311 Pacific Ave Livermore, CA 94550

#### **Dale Law Firm**

The Dale Law Firm, P.C. Attorneys & Counselors at Law

The Dale Law Firm, PC offers full service estate planning, with a focus in developing estate plans that involve persons with disabilities. These Estate Plans promote independence, while preserving eligibility for essential public benefits such as Special Needs Trusts and Limited Conservatorships.

The Dale Law Firm, PC believes that the best plan can be established with a "team" approach, working with our clients' advisors including their CPA, insurance professional or financial planner. We are members of the Wealth Counsel Estate Planning Attorneys with over 1,000 attorneys committed to excellence in all aspects of estate planning.

Website	http://dalelawfirm.com
Contact	Steve Dale
Phone	925-826-5585
Address	127 Aspen Drive, Suite 100 Pacheco, CA 94553
Email	steve@dalelawfirm.com

#### **Department of Rehabilitation**

The California Department of Rehabilitation (DOR) works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living, and equality for individuals with disabilities.

DOR administers the largest vocational rehabilitation and independent living programs in the country. Vocational rehabilitation services are designed to help job seekers with disabilities obtain competitive employment in integrated work settings. Independent living services may include peer support, skill development, systems advocacy, referrals, assistive technology services, transition services, housing assistance, and personal assistance services.

We believe in the talent and potential of individuals with disabilities. We invest in the future through creativity, ingenuity, and innovation. We ensure our decisions and actions are informed by interested individuals and groups. We pursue excellence through continuous improvement. We preserve the public's trust through compassionate and responsible provision of services.



Website	http://www.dor.ca.gov
Contact	Pradeep Rajapakse Gerri Williams
Phone	510-794-2465
Address	39155 Liberty Street, F630 Fremont, CA 94538
Email	prajapak@dor.ca.gov Gerri.Williams@dor.ca.gov

# **Dublin Parks & Community Services**



The Parks and Community Services Department develops and implements quality programs that:

- Encourage healthy lifestyles
- Preserve the City's heritage
- Provide recreational experiences
- Strengthen community image

The City of Dublin is committed to encouraging physical health and mental well-being, while providing a fun and safe community environment through its various sports programs. To that end, the Parks and Community Services Department offers a wide range of athletic activities and leagues for our residents.

Website	http://dublinca.gov/90/Parks- Community-Services
Contact	Henry Siu
Phone	925-556-4500
Address	100 Civic Plaza Dublin, CA 94568
Email	parksandcommunityservices @dublin.ca.gov
f	https://www.facebook.com/D ublinPCS/
<b>y</b>	https://twitter.com/DublinPIO

### **East Bay Innovations**

East Bay Innovations is dedicated to assisting people with disabilities to live in their own homes and to be employed in jobs of their choosing.

Established in 1994, East Bay Innovations (EBI) is a private non-profit organization providing services to people throughout Alameda County. East Bay Innovations offers a variety of services to help persons with disabilities live and work independently in their communities.

#### Our Mission

"To arrange and provide personalized support that enables individuals with disabilities to live in their own homes, work in jobs of their choosing, and feel a sense of membership in their community."

To fulfill this mission, EBI provides three services: Supported Living and Independent Living are designed to assist individuals to live on their own. Employment Services assists people to find a career and provides support to enable people to be successful in their work.



Website	www.eastbayinnovations.org
Contact	Christine Grabowski Samatha Covey
Phone	925-596-0534
Address	2450 Washington Ave., #240 San Leandro, CA 94577
Email	cgrabowski@eastbayinnovations.org scovey@eastbayinnovations.org

# **Enjoy Life More, Inc.**



ELM's mission is to help adults with special needs and their families to GROW, THRIVE and ACHIEVE in integrated communities. We support our participants in reaching their optimum level of individual potential by delivering a broad range of resources and ongoing guidance. ELM is committed to engaging individuals with choices that impact their lives. Participants enjoy socializing and recreation with friends, participating in leisure activities, volunteering in the community, and developing as a productive member of their community.

Website	http://enjoyinglifemore.org/
Contact	Emily Correia
Phone	(925) 699-3613
Address	1983 First Street Livermore, CA 94550
Email	emily@enjoyinglifemore.org

# **Exceptional Needs Network**

Exceptional Children, Extraordinary Experiences

Exceptional Needs Network (ENN) is a volunteer organization founded in 2001 which started as a group of parents of special needs kids, reaching out to help others deal with the tremendous demands the group already understood well.

ENN provides three camps a year for children with special needs. These camps accommodate up to 45 developmentally delayed youth, age 6 - 22. The ratio of children to counselors is 1:1. For most families, ENN camp is the "once a year respite" break to recharge and be able to do typical family outings while their child with special needs reaps the benefit of attending camp in an environment with his / her peers. ENN has been providing camps since 2002 and has served over 1,000 campers providing one counselor for every camper.

Camp is held at Camp Arroyo, a 138-acre parkland outside Livermore. Camp Arroyo was created by The Taylor Family Foundation, the East Bay Regional Park District, and the YMCA of the East Bay. The site is in the hills above Livermore wine country and is equipped with cabins, a dining facility, and activity center.

Exceptional children. Extraordinary experiences.

Website	http://www.ennetwork.org/
Contact	Kirsten Sprott Laura Peters
Phone	925-215-2281
Address	P.O. Box 3149 Livermore, CA. 94551
Email	ennetwork@gmail.com
f	https://www.facebook.com/gr oups/49303946657/

# **Fair Chance for Special Needs**



Fair Chance for Special Needs, is a non-profit organization providing an after school program for students with special needs. The goal is to give a fair chance to all students with special needs by providing them access to extracurricular activities that are tailored to their level of skills. Students will continue to learn after school and be challenged in an enriching environment.

Fair Chance for Special Needs program is designed and run by highly qualified and trained professionals in the field of special education. The focus is on Social and Communication skills, Self-Advocacy and Good Decision Making skills, Sports and Recreational activities, Arts and Crafts, Music and Dance, Computer and Technology, Cooking and Culinary Arts.

Fair Chance for Special Needs is also a qualified RCEB vendor

Website	http://www.fairchanceforspeci alneeds.org/
Contact	Shirin Kamal
Phone	408-332-9197
Address	23 Railroad Ave, #442 Danville CA 94583
Email	fairchanceprogram@gmail. com
f	<u>Fair Chance for Special</u> <u>Needs</u>

### **Family Resource Navigators**



The Family Resource Navigators (formerly the Family Resource Network) support and encourage the positive development of families of children 0-5 with medical, developmental or social-emotional concerns as well as individuals 0-21 with special health care needs.

The purpose of the Family Resource Network is to support and encourage the positive development of families of children with a disability or special health care need. FRN provides family-friendly information and training to help families access specialized education and health care for their children. FRN also offers parent to parent support from another parent who has 'been there'.

Parents and family members who benefit from FRN's services include biological, foster, and adoptive parents; grandparents, kinship caregivers, gay and lesbian parents, and extended family members of all backgrounds and income levels.

Website	http://familyresourcenavigators.org
Phone	510-547-7322
Address	291 Estudillo Avenue San Leandro, CA 94577
Email	info@familyresourcenavigators.org

## Futures Explored Inc.



The mission of Futures Explored, Inc. is to provide life skills and work-related training to adults with developmental disabilities. We support our consumers in reaching their optimum level of individual potential by delivering a broad range of resources and ongoing guidance.

We offer multiple day program services, TDS, supported employment

Website	www.futures-explored.org
Contact	Scott Brooks Angelique Goldberg
Phone	925-371-1617
Address	1601 Railroad Ave, Ste F Livermore CA 94550"
Email	scottbrooks@futures-explored.org angeliquegoldberg@futures-explored. org

# **Gateway Learning Group**

Cultivate learning, language, behavior and social skills for individuals with Autism and other special needs.

Website	https://www.gatewaylg.com/
Contact	Jagmeet Sangha
Phone	877-264-6747 x 203
Address	1800 Sutter St Suite 300, Concord, CA 94520
Email	jagmeet@gatewaylg.com

#### **Juvo Behavioral Health**

JUVO

Juvo is a leading provider of behavioral health services for individuals with autism and other special needs, their families, and their surrounding community.

**In-home services** - Juvo provides in-home behavioral services to support children with autism and related disorders, as well as their families and caregivers.

**School services** - Juvo provides educational and behavioral support services that meet the diverse needs of all students, classrooms and school programs.

**Camp programs** - Juvo camps aim to create a genuine camp experience for children and teens with special needs. These programs run during school breaks in the winter, spring, and summer.

Website	https://www.juvobh.com/
Contact	Ashley Duba Douglas Gee
Phone	510-866-6548 (Ashley) 510-499-2698 (Douglas)
Address	1900 Embarcadero Suite 310 Oakland CA 94606
Email	referrals@juvobh.com
f	@JuvoAutismandBehaviorSe rvices

# Kaleidoscope Community Adult Program Easter Seals Bay Area



Kaleidoscope is a Community Adult Program based in Dublin, California that offers specific programming for adults with special needs. These services help adults integrate into the community and include employment readiness and development, independent living skills, community inclusion, socialization, and many other beneficial activities.

Website	https://www.eastersealsbayarea.org/kalei doscope-after-school-program
Contact	Zach Lupton
Phone	925-828-8857
Address	2820 Shadelands Drive, Bldg. 5, Suite 200, Walnut Creek, CA 94598
Email	zlupton@esba.org

# La Familia Counseling Services



La Familia Disparity Funds Program has a direct contract with DDS (Department of Developmental Services) to provide parents with children with developmental disabilities with training and orientations about RCEB and generic services.

Website	https://www.lafamiliacounseling.org
Contact	Sandra Coss Norma Gonzalez Arleene Soto
Phone	(510) 963-9862
Address	24301 Southland Drive Hayward, 94545
Email	ASoto@lafamiliacounseling.org

# Little League Challenger Baseball



The Little League Challenger Program is Little League's adaptive baseball program for individuals with physical and intellectual challenges.

Any individual with a physical or intellectual challenge may participate. The Little League Challenger Division accommodates players ages 4-18, or up to age 22 if still enrolled in school. The Senior League Challenger Division accommodates players ages 15 and above (no maximum age).

Flexibility and adaptability are key during Challenger games. Little League provides all chartered teams with a rulebook that includes a best practices guide to operating a Challenger Game. Typically games are 1-2 innings long and last about an hour. All players play defensively and bat every inning.

Often buddies who are peer athletes participating in the Little League Baseball or Softball program assist Challenger athletes in the areas of batting, base running and defense, but only as needed.

Website	https://www.littleleague.org/pl ay-little-league/challenger/
Contact	Anne Torok
Phone	510-508-2773
Address	539 US Route 15 Hwy PO Box 3485 Williamsport, PA 17701
Email	annetorok@gmail.com
f	D57 Western Region Challenger Jamboree

#### **Livermore Special Needs Parent Group**



The Livermore Special Needs Parent Group is made up of parents/guardians in the Livermore area whose children have various special needs. It was established for parents, by parents. This FaceBook page is a private group in which posts can only be viewed by members. We welcome the sharing of resources, information and questions.

Contact	Sloane Kraft
Phone	925-858-2085
Address	2000 Arroyo Road Livermore 94550
f	ht <u>tps://www.facebook.com/gr</u> oups/LSNPG/

# **Living Unlimited**



Living Unlimited creates and facilitates sustainable, inclusive communities where people with and without disabilities live, work and care for each other with mutual respect and dignity.

#### We Are All Different

Your child may flourish living in a supportive intentional community, in a suburban single family house or in an urban apartment. (S)he may enjoy living alone, in the company of others with similar abilities or in the company of people of different ages and abilities. As a loving parent, your noble task is to determine where your child will flourish and see to it that (s)he is able to live in such a place. We can help.

Website	https://www.living-unlimited.org
Contact	Susan Riggle Diana Willard Alex Krem
Phone	510-610-3555
Address	2625 Alcatraz Avenue #335 Berkeley, CA 94705
Email	alex@living-unlimited.org

#### **Makey Makey**



Makey Makey is an invention kit for the 21st century. Turn everyday objects into touchpads and combine them with the internet. It's a simple Invention Kit for Beginners and Experts doing art, engineering, and everything in between.

Makey Makey believes that everyone is creative, inventive and imaginative. With the easy to use invention kits everyone can create the future and change the world.

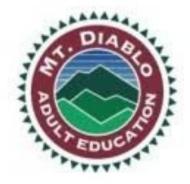
Makey Makey started out as a project that was initiated by two students at MIT Media Lab under the advisorship of Mitch Resnick and is an academic and artistic project. Now it's both a business and a project with thousands of community collaborators, with more joining the ranks of inventors everyday.

Artists, Kids, Educators, Engineers, Designers, Inventors, Makers... Really it is for everyone.

Website	https://makeymakey.com/
f	https://www.facebook.com/m akeymakeykit/
Ø	<u>makeymakeylabz</u>
<b>Y</b>	<u>@makeymakey</u>

# **Mt. Diablo Adult Education**

The mission of the Adults with Disabilities Department is to provide high quality programs and classes which support the development of independence, work readiness, personal growth and participation in the community. Our Transition Options Program (TOPS) provides a structured and supportive environment for adults with Asperger's Syndrome and related disorders to develop social skills and transition to higher education, independent living and/or employment. The Life Skills Program is a unique educational program for adults with intellectual and developmental disabilities who are consumers of the Regional Center of the East Bay. The curriculum focuses on job training, independent living skills, social/interpersonal skills, and community access.



Contact	Karen Lingenfelter-Carman
	Amy Kudenov
Phone	925-685-7340 ext. 6726
Address	1266 San Carlos Ave., Concord, CA 94518"
Email	lingenfelterk@mdusd.org
	kudenova@mdusd.org

# Open Advisors-Jon Elfin Financial Planning



Your future in motion. Now.

I provide financial planning for families with special needs children. For the families: retirement planning, investment strategy, insurance review, estate planning strategies, and tax reduction. For the special needs child: how much will the child need to live a comfortable and happy life? What public benefits are available, and how do you qualify for them? What type of special needs trust is best for your child? Who is the best successor trustee, and what is your care plan for your child? Should you open an ABLE account or have life insurance for your child? Ultimately, I integrate the two plans together.

Website	http://www.myopenadvisors. com/
Contact	Jon Elfin Stephanie Langbaum
Phone	925-659-0256
Address	3000 Executive Parkway, Suite 400 San Ramon, CA 94583
Email	jon@myopenadvisors.com

#### **Pleasanton Adult & Career Education**



PACE helps connect adults with intellectual and developmental disabilities with community-based organizations, education/training and work experience.

Collaborative efforts have included a Non-credit Horticulture Program at Las Positas College and two Project SEARCH paid internship programs at the DoubleTree by Hilton Hotel Pleasanton at the Club as well as the Pleasanton Unified School District.

Our target age group is individuals 22 years and older who have exited from a Transition Program as well as individuals with disabilities who have graduated from high school with a diploma.

Website	https://adulteducation. pleasantonusd.net
Contact	Carolyn Murphy
Phone	925-463-0616 925-519-4048 cell
Address	4665 Bernal Ave. Pleasanton, CA 94566
Email	carolyn_murphy@ pleasantonusd.net

# Pleasanton PTA Council Special Needs Committee



Pleasanton Special Needs Committee



The Pleasanton PTA Council Special Needs Committee (SNC) is made up of dedicated parent volunteers committed to making a difference in the lives of our special needs students and their families. Committee members include PUSD administrators from Special Education and PBIS as well as Parent Liaison. Our goal is to foster and maintain positive relationships between parents and PUSD, and spread awareness as well as acceptance of ALL abilities within our community. SNC sponsors free evening speaker events with well-known local authorities on topics such as learning and behavioral challenges, anxiety in children and teens, ADHD, understanding the Individual Education Plan (IEP) and 504 processes, and building blocks to a successful collaboration between parents and schools. We also sponsor the Ability Awareness Week program with participating schools throughout the district. Students learn about the challenges a child with special needs faces on a daily basis, and learn how to ACCEPT–UNDERSTAND–SUPPORT everyone and their differences. SNC defines "special needs" as a term that applies to children who are gifted learners, any child with a learning or processing difference, physical disability, cognitive delay, speech & language delay, behavioral challenges, social or emotional difficulty, and those with food allergies.

Website	https://sites.google.com/a/ple asantonpta.org/snc/
Contact	Sondra Pepe
Address	c/o PUSD 4665 Bernal Ave Pleasanton, CA 94566
Email	snc@pleasantonpta.org

#### Pleasanton Unified School District

# Pleasanton Unified School District WorkAbility



Pleasanton Unified School District's WorkAbility program provides pre-employment skills training, employment training, and follow-up for high school students in special education who are making the transition from school to work, independent living and post-secondary education or training. We train and teach students skills that will help them in obtaining and retaining gainful employment in the future. WorkAbility also promotes career awareness and exploration while students complete their secondary education.

Website	https://www.pleasantonusd.net/
Contact	Jamie Renton
Phone	925-596-3914
Address	1155 Santa Rita Road Pleasanton 94566
Email	jrenton@pleasantonusd.net

#### **Quest Therapeutic Camps**

**Quest's Afterschool Program** consists of three 10-week sessions each school year. Children and adolescents attend the afterschool program once a week for two hours **(from 4:00-6:00 p.m.)** and are grouped based on age and ability

**Quest's intensive summer program** runs from 9:00 AM to 3:30 PM daily for six-seven weeks, five days per week. Each child participates in a small group of 12-18 campers and is guided by two or three of our excellent Quest counselors.

All campers must attend a minimum of three weeks in a row but many stay for the entire summer.

**Effective Small Group Therapy:** In addition to the structured behavioral milieu and typical camp activities, Quest campers receive group therapy with a professional therapist or psychologist at least four times a week. During these sessions, Quest professional staff develop and evaluate campers' individualized treatment plans, use methods to confront interpersonal issues as they arise, and address campers' emotional and social reasoning skills. Quest therapeutic strategies have been uniquely developed to address the social, emotional, and cognitive skills that Quest campers need to be successful in their homes, at school, and among their peers.up Therapy



Website	https://www.questcamps.com
Contact	Dr. Bob Field
Phone	925-743-2900
Address	907 San Ramon Valley Blvd. Suite 202 Danville, CA 94526
Email	drbobfield@questcamps.com

# **RADD - Recreation for Adults** with Developmental Disabilities



The City of Pleasanton currently offers adaptive recreational opportunities through the Adapted Aquatics Program and the Recreation for Adults with Developmental Disabilities (RADD) Program.

RADD is a special recreation program designed for people ages 15 and above with developmental disabilities. RADD's mission is to provide equal opportunity for personal growth for individuals with developmental disabilities through recreational activities and community involvement.

RADD activities include:

- Breakfast at local restaurants
- Dinner and Concert at the Lion's Wayside Park
- Dances
- Hometown Holiday Parade
- Much, much more!

Website	https://www.cityofpleasanton ca.gov/gov/depts/cs/senior/ra dd.asp
Contact	Ally Morris
Phone	925-931-5373
Address	5353 Sunol Blvd. Pleasanton, CA 94566
Email	<u>amorris@cityofpleasantonca.</u> gov

# **RCEB Consumer Advocate - Herb Hastings**



I am the Consumer Advocate for the Regional Center of the East with experience in talking about transition to adulthood for a disabled person. Can give information about two Relationship programs for both Support agencies and disabled individuals. Display of materials and information Handouts will be provided.

Website	http://www.rceb.org
Contact	Herb Hastings
Phone	510-618-6148
Address	500 Davis Street #100 San Leandro, 94577
Email	hhastings@rceb.org

#### **Regional Center of the East Bay**



The Regional Center of the East Bay [RCEB] is one of 21 Regional Centers that is a community based, private non-profit corporation under contract with the California Department of Developmental Services. RCEB works in partnership with many individuals and agencies to plan and coordinate services and supports for people with developmental disabilities, family members and community leaders in the Alameda and Contra Costa counties.Regional Center of the East Bay supports persons with developmental disabilities and their families with the tools needed to achieve lives of quality and satisfaction, and builds partnerships that result in inclusive communities.

Website	www.rceb.org
Phone	510-618-6100
Address	Creekside Plaza 500 Davis Street, Suite 100 San Leandro, CA 94577

## **Rhythmic Innovation**



Rhythmic Innovation uses music and rhythm as a tool to help advance education, promote wellness, and build relationships in community. They specialize in providing innovative music therapy services, private lessons, and group drumming programs for private events, schools, clinical settings, corporate teams, and community events.

Services:

- Group drumming
- Music therapy
- Private music lessons for all abilities
- Music for yoga

Music therapy services help develop social skills, improve motor functioning, develop verbal and non-verbal communication and improve visual tracking.

Website	http://www.rhythmicinnovation.com/
Contact	Jenny Madrigal
Phone	925-579-3368
Email	jenny@rhythmicinnovation.com
f	RhythmicInnovation/

## San Ramon Parks & Community Services



Through diverse and innovative programming, the Parks & Community Services offers programs and activities to suit every interest, income, and age level throughout the year in a variety of locations throughout the city. The city encourages the participation of children and adults with disabilities in all programs and services. To facilitate opportunities for participants with and without disabilities to engage in recreational pursuits together, the Parks and Community Services Department provides Inclusion Services.

Inclusion is people with and without disabilities participating in recreation together! Reasonable accommodations are made for individuals with disabilities so they can participate alongside peers as independently as possible.

Recreational Therapy in the community setting is the provision of activities and programs designed and adapted to meet the specific needs of people with disabilities or other identified populations in need of specialized programming. A Certified Therapeutic Recreation Specialist (CTRS), or a Recreation Therapist Certified (RTC) develops and supervises these programs.

Website	http://www.sanramon.ca.gov/ cms/One.aspx?portalId=1082 6130&pageId=11666064
Contact	Jessica Reaber
Phone	925-973-3200
Address	12501 Alcosta Boulevard San Ramon, CA 94583
Email	jreaber@sanramon.ca.gov
f	<u>https://www.facebook.com/cit</u> <u>ysanramon/</u>
Ø	<u>https://www.instagram.com/ci</u> tyofsanramon/
y	<u>https://twitter.com/cityofsanra</u> mon

#### **Social Vocational Services**



SVS offers a wide range of services. They include Adult Day Programs, Supported Employment, Residential, Transportation and Financial Management Services. SVS prides itself in providing quality, individualized programs for each person it serves. SVS clients choose a life style that has meaning for them and, with the assistance of their Circle of Support, design the SVS service plan they believe will help them achieve it.

Regardless of which program is chosen, the highest quality of service can always be expected from Social Vocational Services.e text here

Website	www.socialvocationalservices.org
Contact	Adrienne Phillips Ronald Pier
Phone	925-621-3902
Address	6602 Owens Dr Pleasanton CA 94588
Email	aphillips@svsinc.org rpier@svsinc.org

#### **Special Needs Aquatic Program Kids**



The Special Needs Aquatic Program is a fun and beneficial program for children with a variety of special abilities and needs. Founded in 1991, SNAP strives to help meet the need for alternative physical therapy and recreational services for children in the San Francisco Bay Area. Programs are tailored to address the physical, cognitive, and psychosocial needs of each participant. The focus is on self-confidence, joy of movement and fitness in a safe, non-competitive, success oriented atmosphere.

SNAP believes that each child is unique and can feel pride and joy when given the opportunity. Using the gifts of water, SNAP helps create opportunities for children to learn, accept them as they are, and give them the attention, energy, and encouragement they need to succeed.

Water is the great equalizer. It offers so many benefits including the chance to move in a gravity reduced environment, organize and attend, play, talk, make friends, and enjoy being a child. Children with special needs are given the chance to participate in a typical childhood activity with the support of trained and caring volunteers.

Website	http://snapkids.org/
Phone	510-495-4102
Address	P.O. Box 120 Berkeley, CA 94701
Email	snapkidsdirector@gmail.com manager@snapkids.org

#### **Sunflower Hill**



Sunflower Hill is a nonprofit organization dedicated to creating sustainable residential communities for individuals with special needs – akin to senior living. The communities not only support life-long living opportunities, but social, vocational, educational and recreational programs to ensure a full and productive life.

Sunflower Hill seeks to enhance the options available to those with special needs by creating a diverse community of choice that supports a sustainable, productive and happy quality of life.

**Sunflower Hill Gardens** is one of our vocational programs where our special needs ranchers receive life-skills coaching, horticultural skills and work opportunities. Sunflower Hill also has a café vocational program at the Stable Café in Pleasanton. These exceptional programs create a place where all individuals can thrive and participate in meaningful work.

Website	https://sunflowerhill.org/
Phone	925-800-1042
Address	P.O. Box 11436 Pleasanton, CA 94588
Email	info@sunflowerhill.org
f	@sunflowerhillorg
Ø	sunflowerhill_org
<b>Y</b>	@SFHorg

# **Special Olympics of Northern California**



Special Olympics Northern California enriches the lives of more than 21,000 children and adults with intellectual disabilities and their communities in Northern California through sports, education, and athlete health.

#### All programs are at no cost to the participants.

**Sports:** Year-round training and competitions in 12 sports are offered to individuals with intellectual disabilities. The skills the athletes gain on the playing field carries over to the playing field of life.

**Education:** The Special Olympics Northern California Schools Partnership Program is a unique education program in K-12 schools. It unifies students with and without disabilities through sports and Whole-School Involvement activities that provide them with the knowledge, experience, and skills necessary to create and sustain school communities that promote inclusion, acceptance, and respect for ALL students.

Athlete Health: The Healthy Athletes program believes promoting a healthy life-style to our athletes is critical to their success both on and off the field. The program is dedicated to providing health services and education to Special Olympics athletes, and changing the way health systems interact with people with intellectual disabilities. All screenings are free to the athletes and occur at specific competitions.

Website	https://www.sonc.org/
Phone	925-944-8801
Address	3480 Buskirk Ave, #340 Pleasant Hill, CA 94523

#### **The Taylor Family Foundation**



The Taylor Family Foundation's Mission is to preserve the wellness and enhance the quality of life for children in Northern California living with life-threatening and chronic illnesses, developmental disabilities and youth at-risk through unique therapeutic experiences and support.

TTFF offers an incomparable opportunity to children and their families by providing therapeutic recreation, specialized support and resources. Located on 138 acres of beautiful land nestled in Livermore, CA, TTFF's camp hosts a racially and socio-economically diverse group of 3,000 children with chronic medical, developmental disabilities and youth at-risk for over 30 camp sessions throughout the year—**at no charge**.

Website	<u>https://ttff.org/</u>
Phone	925-455-5118
Address	5555 Arroyo Road, Livermore, CA 94550
Email	camp@ttff.org
f	@ttff.org
Ø	@thetaylorfamilyfoundation/
y	@TTFFCamp

# Tri-Valley Dyslexia Support Group Decoding Dyslexia CA

We are a group of parents and educators coming together once a month to offer support, share ideas and resources, and empower each other as we experience the successes and challenges of raising a child with dyslexia.

This group is intended to be a safe place to get together on a regular basis to freely share what we are going through with others who understand, or may have overcome a similar challenge and can offer insight or experience.

This group is parent-moderated, free, and hosted in partnership with the San Ramon Valley Council of PTAs' Special Needs Committee. We ask that you RSVP for meetings so we can assure enough chairs and materials.



Website	http://decodingdyslexiaca.org
Contact	Rachel Hurd
Phone	925-819-0351
Email	rachelhurd.ddca@gmail.com

# **Tri-Valley REACH**



REACH creates inclusive communities for individuals with developmental disabilities or other special needs through quality and affordable housing in the Tri-Valley. REACH provides resources, education, activities, community participation and housing opportunities that enable adults with developmental disabilities to live full and independent lives...just like people without disabilities.

Website	http://www.trivalleyreach.org/
Contact	Kay King
Address	P.O. Box 5564 Pleasanton, CA 94566
Email	info@trivalleyreach.org

## Wayfinders (Fresno State University)



#### Wayfinders

Wayfinders is a 2 post-secondary, independent living program for students with ID/DD, aged 18-28 years old. Wayfinders offers support in residential, vocation, university inclusion, activities, and case management.

Website	http://fresnostate.edu/kremen/about/ centers-projects/wayfinders/
Contact	rywilson@mail.fresnostate.edu
Phone	559-278-1390
Address	2743 E. Shaw Ave. M/S OF135, Suite 101 Fresno, Ca 93710

#### Notes

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